



Jillian Bain  
& Phoenix School  
of  
Holistic Health

P R E S E N T

## FOOT AND HAND REFLEXOLOGY

12 CE CREDITS FOR MASSAGE THERAPISTS IN TEXAS  
AND A COMPLETE 30 HR CERTIFICATION PROGRAM  
TAUGHT BY JILLIAN BAIN, ARCB APPROVED REFLEXOLOGIST

### THE PRESENTER: JILLIAN BAIN, LMT, NBCR, BCTMB

Jillian Bain is certified in foot reflexology by the American Reflexology Certification Board. She is also a Reiki Master in the Usui Reiki tradition. She has over 400 course and hands on hours in Reflexology.

Jillian's professional memberships include the Associated Bodywork and Massage Professionals, the Reflexology Association of America, and the Reiki Membership Association.

*"I have been able to move my reflexology clients from weekly to monthly or bi-monthly maintenance schedules as their health issues improve."*

Jillian Bain, LMT, NBCR, BCTMB

### INTRODUCTION: STRESS REDUCTION FOR THE THERAPIST USING FOOT & HAND REFLEXOLOGY

Friday Evening, Nov. 20TH (3hrs.)

An introduction to the practical application of hand and foot reflexology working on your numerous conditions.

NECK & SHOULDER \* ALLERGIES \* JAW \* LOW BACK  
\* HEADACHE \* SINUS \* EYE STRAIN \* MORE!

### AN OVERVIEW OF THE FOUNDERS AND HISTORY OF REFLEXOLOGY AND ITS GUIDING PRINCIPLES

Saturday Day, Nov. 21ST (9hrs.)

Reflexology maps for the hand and foot, The seven regions of the body, The six reflexology techniques.

### REFLEXOLOGY FOR THE HAND

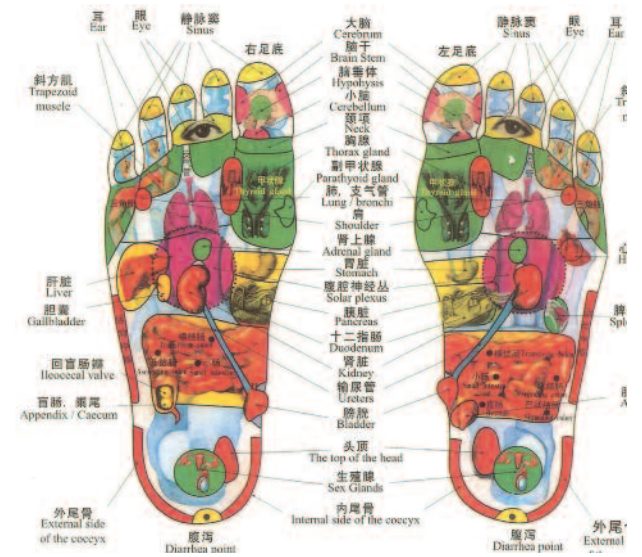
Sunday Day, Nov. 22nd (9hrs.)

Learn to work all 11 areas of the hand using techniques studied in day one.

### REFLEXOLOGY FOR THE FOOT

Tuesday Day, Nov. 24th (9hrs.)

Learn to work all 11 areas of the foot using techniques studied in day one. Plus learn to integrate the foot and hand for maximum results.



By the end of the certification program you will learn a complete routine for the foot and a complete routine for the hand



#### WHEN:

FRIDAY EVENING, INTRODUCTION

NOV. 20th, 6:30 pm - 9:30 pm, 3 hrs. plus

SATURDAY DAY, BASICS

NOV. 21st, 9:00 am - 6:30 pm, 9 hrs.

SUNDAY DAY, HAND REFLEXOLOGY

NOV. 22nd, 9:00 am - 6:30 pm, 9 hrs.

TUESDAY DAY, FOOT REFLEXOLOGY

NOV. 24th, 9:00 am - 6:30 pm, 9 hrs.

CERTIFICATION PROGRAM

TOTAL ALL 30 hrs.

EARLY ENROLLMENT BEFORE NOV. 6th

#### PRICE:

\$195

\$350

\$325

\$16

#### WHERE:

6600 Harwin Drive #101  
Houston, TX 77036

#### TO ENROLL:

CALL 713-974-5976  
Phoenix School MS# 0008  
Jillian Bain, MI# 2778

THE TEXT: *Reflexology* by Bill Flocco; ALPHA PENGUIN GROUP (USA), 2014

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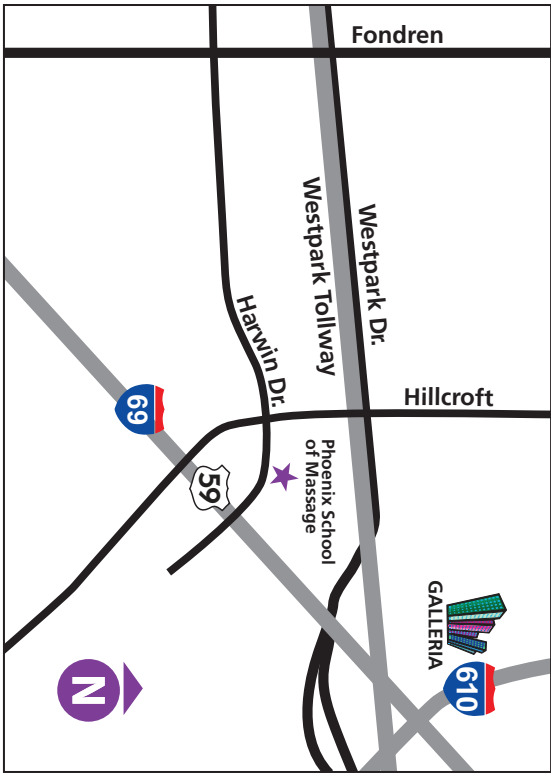
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of  
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&

6600 Harwin Drive, #101 | Houston, TX 77036  
Visit our web site: [themassage school.com](http://themassage school.com)



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Houston, TX 77036

### REFLEXOLOGY REGISTRATION

**12 HR. CE COURSE:**  
NOVEMBER 20TH 6:30 PM - 9:30 PM  
NOVEMBER 21ST 9:00 AM - 6:30 PM **\$190**

**30 HR. REFLEXOLOGY CERTIFICATION COURSE:**  
NOVEMBER 22ND 9:00 PM - 6:30 PM  
NOVEMBER 24TH 9:00 AM - 6:30 PM **\$350**  
**IF PAID BY NOV. 6TH (INCLUDES 12 HR COURSE) \$325**

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**\$16**  
**TOTAL ENCLOSED \$**

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (H) \_\_\_\_\_ (M) \_\_\_\_\_ (W) \_\_\_\_\_

EMAIL \_\_\_\_\_

**METHOD OF PAYMENT:**  CHECK/MONEY ORDER  CREDIT CARD  VISA  MC

**PAYMENT INFORMATION:**

NAME OF CARD HOLDER \_\_\_\_\_

CARD NUMBER \_\_\_\_\_ EXP \_\_\_\_\_ CCV \_\_\_\_\_

**TO REGISTER BY PHONE OR FOR FURTHER INFORMATION CALL 713-974-5976**